

Dear Parents and Guardians,

We have received many questions over the past week regarding the newest COVID protocols. To help, we've collaborated on a reference guide for you. Please note that this information was valid on **January 14, 2022** and may change. Please continue to review the AHS Guidelines for changes and updates. Links have been added throughout the document for your convenience.

Question	Information
<i>My child is not feeling well and has symptoms (fever, cough shortness of breath, loss of sense of smell or taste)...</i>	<p>Please ensure to review and follow the AHS Guidelines for your child's return to school. Please call the school if you are not sure and we will guide you through the documentation and protocols.</p> <p>Because <CHILD> has <SYMPTOMS>, he/she is required to isolate.</p> <ul style="list-style-type: none">• If a child is fully immunized, they are required to isolate for 5 days from onset of symptoms or until symptoms resolve, whichever is longer. Should they return on day 6, they must wear a mask at all times and will require their own space to eat away from classmates or be picked up for lunch. If this is not possible, we may ask your child to stay home for an additional 5 days.• If a child is NOT fully immunized, they must isolate for 10 days from onset of symptoms and return after the 10 days when symptoms have resolved OR receive a negative PCR COVID-19 test and be feeling better before returning to school.
<i>My child is not feeling well and has symptoms (chills, sore throat/painful swallowing, runny nose, congestion, fatigued, nausea, vomiting and/or diarrhea, unexplained loss of appetite, muscle/joint aches, headache, pink eye/conjunctivitis)...</i>	<p>Please ensure to review and follow the AHS Guidelines for your child return to school. Please call or email us each morning updating if your child will be absent and if symptoms change.</p> <p>Because your child has one of the symptoms indicated:</p> <ul style="list-style-type: none">• Keep your child home and monitor for 24 hours and consider giving a rapid test.• If rapid test is positive, your child is required to isolate as outlined below under 'testing positive'• If rapid test is negative, they can return to school as long as they have no symptoms

	<ul style="list-style-type: none"> • If rapid test is not done and symptoms improve after 24 hours, your child can return to school and activities when they are well enough to do so • If symptoms are not improving or worsening after 24 hours, or additional symptoms emerge, a rapid test is recommended, call 811 or use the AHS Online Assessment Tool <p>Because your child has two or more of the symptoms indicated:</p> <ul style="list-style-type: none"> • Keep your child at home • A rapid test is recommended, use the AHS Online Assessment Tool or call 811
<i>My child is not feeling well...</i>	Please ensure to review and follow the AHS Guidelines for your child's return to school. Please call the school if you are not sure and we will guide you through the documentation and protocols.
<i>My child has been identified as a close household contact or has had close-range interaction (frequent, long duration, etc.) Eg. a sleepover, birthday party or play date...</i>	<p>Please ensure to follow the AHS Guidelines for your child's return to school.</p> <ul style="list-style-type: none"> • If a child is NOT fully immunized, they should isolate for 14 days from the last day of exposure to the positive individual and monitor for symptoms. • If a child is fully immunized and exhibits no symptoms, they are not required to isolate.
<i>My child tested positive for COVID...</i>	<p>Please review the AHS Guidelines for your child's return to school and because your child has tested positive for COVID, he/she is required to isolate.</p> <ul style="list-style-type: none"> • If a child is fully immunized, they are required to isolate for 5 days from onset of symptoms or until symptoms resolve, whichever is longer. Should they return on day 6, they must wear a mask at all times and will require their own space to eat away from classmates or be picked up for lunch. If this is not possible, we may ask your child to stay home for an additional 5 days. • If a child is NOT fully immunized, they must isolate for 10 days from onset of symptoms and return after the 10 days when symptoms have resolved and they are feeling better before returning to school.

<p><i>We traveled outside of Canada...</i></p>	<p>As per the information we have received from AHS regarding out of country travel, please see below and follow the guidelines outlined.</p> <p>For unvaccinated children under 12 without symptoms and travelling with full vaccinated parents or guardians.</p> <p>Travel Checklists for requirements and exemptions.</p>
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*NOTE: As per AHS, fully immunized means *"a child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series"*.

*Additional details can be found on the [AHS Guidelines](#) link/page

*Call 811 for additional information and guidance